

SPEAKERS—CONT'D

grate one's neurology (including the mind, emotions, and spirit), with one's outer body, or musculature.

Steve Roberts writes essays "celebrating the most fear-provoking point of view the world has ever known: *Everything is a gift*. Simply to entertain such a possibility can shine fresh light on our every belief, opinion and choice" (www.coolmindwarmheart.com). He is an artist and writer from Johnson, Vermont.

Keta White works for FAHC in the Rehabilitation Outpatient Center on the Fanny Allen Campus where she treats patients with a variety of neurological and orthopedic problems. She has served as an adjunct professor for the University of Vermont Physical Therapy program from which she graduated in 2000. She has experience working with people with Parkinson's disease across the continuum of care.

APDA Information and Referral Center Services

General PD information

Referrals to physicians and other health professionals

Lending library—books and videos

Support Group information

Respite care vouchers

Newsletters

Free brochures and booklets

Caregiver resources



American Parkinson Disease Association
Vermont Chapter
1 S. Prospect St.
Burlington, VT 05401

2008 10th Annual Parkinson's Disease Awareness Day Saturday, April 12 9am-3:30pm

(Registration begins at 8:30)

To Ease the Burden
To Find the Cure

Parkinson's Perspectives

At the
Lake Morey Resort
1 Clubhouse Rd
Fairlee, VT 05045
800-423-1211

American Parkinson Disease Association
Vermont Chapter
1 S. Prospect St.
Burlington, VT 05401

Parkinson's Awareness Day, 2008

SPEAKERS

John Campbell has been the executive director of the Vermont Ethics Network since 1996. For the previous ten years he was executive director of the Southwestern Vermont Area Agency on Aging. Prior to that he was CEO of the Old Colony Elderly Services, a large home care corporation based in Brockton, Massachusetts (part of the Massachusetts Elder Care system). He lives in North Chittenden, VT.

Jan Clements works locally and nationally as a volunteer long term care advocate. She is currently facilitator of a family caregiver support group. She is President of the Board of Directors of PACE, Vermont, Inc., Vice-chair of Board of Directors of the Visiting Nurse Association of Chittenden and Grand Isle Counties among other activities for the elder community. She was family caregiver for her late husband and father and is currently caring for elderly in-laws and is distance caregiver for her mother.

Kristie Horner is an Occupational Therapist at Fletcher Allen Health Care. She has been an occupational therapist for 9 years. After training at Russell Sage College in Troy, NY, most of her experience has been on the inpatient unit. She switched to outpatient care in September, 2006 and has worked with PD patients on diverse issues such as driving and getting dressed.

Lakshmi Joshi-Boyle has been a full-time medical Speech-Language Pathologist for 21 years. She has worked at Fletcher Allen for the past 20 years, working with adults with various neuropathologies, including PD. She has a specialization in Swallowing Disorders and is certified in the Lee Silverman Voice Treatment (LSVT) method. She participates in the Movement Disorders clinic. In her spare time she enjoys cooking for family and friends.

Louisa Nufield is a licensed Massage Therapist and practitioner of Nia. Nia uses physical activity to inte-

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SCHEDULE

- 8:30AM Registration and Breakfast
- 9:00AM Opening Remarks
- 9:10AM Maintaining and Improving Independence in PD
Keta White, PT
Kristie Horner, OTR
Lakshmi Joshi-Boyle, MS., CCC-SLP
- 10:30AM Break
- 10:45AM Telling the Stories of Parkinson's, an Interactive Dialogue, *Steve Roberts*
- 12:15PM Lunch
- 1:15PM Concurrent Sessions
- For Caregivers Only —In the Theatre, *Janice Clements*
 - Others—Nia (Neuromuscular Integrative Action): Teaching the mind and body for better movement, *Louisa Nufield, LMT*
- 2:30PM Ethics and Decision Making in PD, *John Campbell*, Vermont Ethics Network
- 3:30PM Adjourn

Rooms are available at the resort for \$85 per night plus tax. Please call the resort directly to make reservations at 1-800-423-1211



American Parkinson Disease Association

REGISTRATION FORM

Name _____

Address _____

City/State/Zip _____

Phone _____

Email _____

In the space below, please print names of attendees as they should appear on nametags

COST IS \$10 PER PERSON—Includes continental breakfast and buffet lunch (entrée choices will be a chicken dish or vegetarian lasagna) . Please make checks payable to:

APDA Vermont Chapter

Registration Deadline: April 4, 2008

Please cut on the line and mail registration to Jean Baker, RN, Coordinator

Department of Neurology

1 S. Prospect St.

Burlington, VT 05401

For more information please contact

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